



If you fall under one or more of these scenarios you may be at risk for being financially abused.

- I have trouble paying bills because they are confusing to me.
- I don't feel confident making big financial decisions alone.
- I don't understand decisions that someone else is making for me about my money or property.
- I give loans or gifts that are more than I can afford.
- I'm coerced into providing food, shelter, child care or other services to people without being paid or fairly compensated.
- I'm receiving little or no money for the work I do, including child care.
- My children, or others around me, are pressuring me to give them money or property.
- People are contacting me and asking for money.
- Someone is accessing my accounts without my permission.
- Someone is cashing my pension cheque or other cheques without my permission.
- I've felt pressured or forced to make a purchase that I don't want or need.
- I've felt forced into signing a power of attorney, changing my will, or selling my house.
- I've felt pressured to sign legal or financial documents that I don't understand.
- Money seems to be disappearing from my accounts and I don't know where it is going.

Source: Alberta Health (Protecting Against Financial Abuse)